

HAPPENINGS

CONGRATULATIONS TO OUR STUDENTS OF THE WEEK!

(For week of Sept. 27th through Oct. 1st, 2021)

James Flambures, Gr. TK, was recognized for being a good listener and for setting a good example for helpers. Keep up the good work James!

Hannah Gracian, Gr. 2, was recognized for always pushing herself to do her best! She has also shown excellent leadership in the classroom and is always willing to help others. Keep up the marvelous work Hannah!

Gabriel Gatuslao, Gr. 5, was recognized for always paying attention and participating in class. He is a great artist—His creativity and artwork is awesome! Way to go Gabriel!

Aloysius "Mac" Naughtin,, Gr. 8, was recognized for always being consistently attentive, respectful, and kind. Thank you Mac for your excellent behavior and dedication to your studies. Keep up the great work Mac!

WELL DONE!!



Inside This Issue! "Students of the Week" 1 Flowers for Marv Words of the Week "Make-Up" Picture Day Info. Next Room Parents Mtg. Volunteers Needed/Service Hours 2 Finance Office Message Half Day Reminder • Charleston Wrap Fundraiser Info.! School Stress & Separation Anxiety? Football Mania is Here! SLS Sports Practice & Game Schedule 5 Middle School Boys Club Parent "Corks & Canvas" Social! 6 **Cub Scout & Boy Scout Flyers** 7 Damien Middle School Band Flyer · Parish News 9

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Months of the Hote Rescri

BRING FLOWERS FOR MARY...

With October being one of the months we honor Our Blessed Mother Mary, there will be a statue of Mary in the planter in front of the 8th Grade classroom in her honor.

We encourage everyone to bring flowers (either purchased or from your garden) to present to her!

Words of the Week:

Jesus is our ROCK,
And that's how we roll!

Special Dates of Interest:

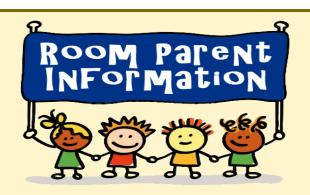
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Fri., Oct. 8th –"Make-Up" Picture Day

Parish News

- Fri., Oct. 29th –
 Read-a-Thon" Kickoff!
 Class Halloween Parties
 NOON DISMISSAL (All Grades)
- Wed., Nov. 10th –
 End of First Trimester
- Thurs., Nov. 11th –
 No School (Veteran's Day)
- Fri., Nov. 12th –
 No School (Teacher's In-Service)
- Mon., Nov. 22nd & Tues., Nov. 23rd Noon Dismissal (Parent/Teacher Conferences)

Important to Remember...



First Room Parents Mtg....

Attention Room Parents, our next meeting of the year is this Thursday, October 7th, at 6:30 pm via Zoom. The ZOOM meeting link is:

https://la-archdiocese.zoom.us/j/99957223302? pwd=dnFvQmJoZVF4TDQ00G80VnRSMFRNQT09

> Meeting ID: 999 5722 3302 Passcode: Vikings

All Room Parents must attend.

SCHOOL FINANCE MESSAGE...

As a reminder, tuition and fees showing on your SMART account are due this Sunday, October 10th by Any payments 9:00 p.m. PST.



received after 9:00 p.m. on the 10th will incur a \$60 late fee. Please note, tuition and fees are still due on the 10th even though it is a weekend.



PLEASE NOTE: There will be Half Day on Friday, Oct. 29th, in celebration of the feast days of All Souls Day & All Saints Day and the Halloween festivities. There will be Day Care until 6:00 pm that day.

Make-Up Pictures...

Our "Make-Up" Picture Day will be taken in the morning THIS FRIDAY, OCT. 8TH!

If your child was absent for the original Picture Day or you

IMPORTANT MAKE-UP DAY **INFORMATION**

would like them retake their picture, please mark your calendars now! Those who were absent will receive a new order form prior to that date.

If your child is retaking their picture, please be sure to send their original picture package with them that day to turn in prior to retaking their pictures.



VOLUNTEERS STILL URGENTLY NEEDED...

We could still use parent volunteers in the following area:

Health Room needs volunteers for the following dates & times (every third week:)

Mondays - 11:00 am to 2:00 pm (Team A & C) Tuesdays - 8:00 am to 11:00 am (Team B and C) and 11:00 am to 2:00 pm (Team A & C)

Wednesdays - 11:00 am to 2:00 pm (Team A & C) Thursdays - 8:00 am to 11:00 am (Team A, B, and C) and 11:00 am to 2:00 pm (Team A & C)

Fridays - 8:00 am to 11:00 am (Team A, B, and C)

Our Yard Duty Program needs one more volunteer from 11:55 am to 12:55 pm on Mondays, Tuesdays, Wednesday and Thursdays. We need two more volunteers for Fridays.

If anyone is still has not signed up for your service hours or if anyone might be willing to do more, we'd love to hear from you! We invite grandparents also if they would like to get out of the house!

A reminder: You need to be fingerprinted & VIRTUS trained in order to do service hours on campus during school. Please contact Ms. Sue at 626-966-2317 for more information or to sign up for one of the spots listed above.

Thanks so much; and, we hope to hear from you!

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DEADLINE TO ORDER-OCTOBER 20, 2021

ATTENTION! Please REGISTER NOW for

St. Louise De Marillac School's fundraiser!

It's super easy! Please help support our fundraiser by following the steps below to register online today. When you register, we'll know you're committed to supporting our fundraiser and helping us reach our goals. To help our organization even more, send 10 email invitations to friends & family and spread the word about our need for help. With over 2,500 gift ideas, supporters can shop and accomplish all of their gift giving needs, all while supporting our important cause.

Will you follow the instructions below and register today? It's easy, it's simple, and it's important!

Here's how to register today and help us spread the word!

Invite friends and family (even if they're out of town), online orders ship directly to the purchaser!

Organization ID: 11558



Step 1: REGISTER at <u>registercw.com</u> (use organization 11558)



Step 2: Use our **Sharing Tools** to email/text shopping links to friends and family so they can support! Don't forget to share your unique shopping link via social media, too!



Participant Registration











Children experiencing school stresses or separation anxiety?

Back-to-school anxiety in times of COVID: What can parents do? By Dr. Greg Popcak September 13, 2021 Recommended by the St. Louise de Marillac's Safeguard the Children Committee.

Children's mental health has been particularly affected by the social impact of the COVID-19 pandemic. Kids are terrific emotional barometers. They are much better at reading and reacting to adult emotions than we often give them credit for. They may not know why Mom, Dad, their teachers or other caregivers are scared, sad or upset, but they definitely know it. These days, anxiety, anger and frustration is in the air we breathe.

Second, routines help children feel safe. Because they're still learning the way the world works, routine teaches them what

expect and how to respond. In light of this, consider how the average child entering second grade, who has never had a normal school day in his or her life, feels.

Additionally, children are hardwired to feel safest when they are physically close to their parents. One upside of the pandemic and virtual schooling is that many families have been forced to spend more time together. In many cases, this has helped children feel safer. Returning to school even while things are still so uncertain is causing an increase in the incidence of separation anxiety among children in early-to-middle childhood.

Here are some tips to help you manage your child's anxiety.

- Recognize the signs: Most kids don't have a well-developed emotional vocabulary. Odds are they won't approach you and say, "You know, I'm feeling a bit more anxious than usual these days." Instead, they may start acting out more than usual, be more clingy than usual, or be more quiet and withdrawn than usual. If you notice your child behaving differently or acting as if they are actually trying to get on your nerves, their behavior may be saying, "I'm scared, and I don't know how to handle it."
- Instead of seeing your child as misbehaving, see them as struggling. Instead of punishing them or yelling at them, help them identify what they were trying to accomplish by acting that way and teach them what to do instead to accomplish that goal in a less irritating way. In general, this is a good approach to parenting, but in times of heightened anxiety, it's essential. It communicates the message, "No matter what you're struggling with, you can count on me to help you through it."
- Lead by example: When their adults are calm, kids are calm. Do what you need to do to make yourself feel safe, but watch how anxious or upset you allow yourself to get. Don't obsess over the latest headlines or COVID counts. Don't continually rant about all the people who are making different choices than you and how their actions are threatening the public good. Indulging in any of these practices simply makes young children's stress worse. Process your fears and frustrations privately with your spouse, a close adult friend or a professional counselor, but keep your cool with your kids. The message your children need to be getting from you from your words, your behavior and your overall demeanor is, "Yes, COVID is a serious problem, but we are doing everything possible to be safe and keep you safe. The grown-ups are handling things, so you don't have to worry."
- Ask how they feel: Keeping your cool around your kids doesn't mean refusing to talk about what's going on. If you notice your kids behaving differently, if they hear the news or overhear you talking about everything that is upsetting you about the ongoing health crisis, ask them what they think or how they feel. Don't ask leading questions like, "Are you nervous about X?" Instead simply say, "When you heard about X (or heard me talking about Y) how did it make you feel?" Don't try to talk them out of their feelings. That just makes kids feel like you don't get it. Instead, give them a hug and say something like, "Everybody feels (sad, scared, upset) sometimes and it's OK that you feel that way. It's just important to know that I love you and I'm doing everything I can to keep us all safe and healthy. You can count on me."
- Strengthen your rituals and routines: Again, kids feel safest with routine. Work to make a regular at-home schedule for meal times, bed times, etc. Build in a little time to work, play, talk and pray together everyday. Spending 5-10 minutes a day on each of these activities can spell the difference between a calm, connected home and an anxious, disconnected one.

Unfortunately, we can't prevent our kids from feeling anxious or insecure, but we can give them healthy ways to process those feelings and help them feel safe again.

Dr Greg Popcak is the director of CatholicCounselors.com and the author of many books.

SLS SPORTS NEWS & MORE...

SLS Weekly Sports Schedule

Weekly Sports Schedule Oct 4th – Oct 10th

Tuesday, October 5th

'A' level Football – Practice game vs St Dorothy at St Louise 3:45

'A' Level Volleyball -No Practice

'B' level football -Practice 2:45 - 4:30

'B' Level Volleyball - No Practice



Cross Country – Practice 2:45 – 3:30

Wednesday, October 6th

'A' level Football -Practice 2:45 - 4:30

'A' Level Volleyball – Game day vs Pomona Catholic at St Louise 3:45

'B' level football - No practice

'B' Level Volleyball – Practice 2:45 – 4:30

Cross Country – Practice 2:45 – 3:45

Thursday, October 7th

'A' level Football -Practice 2:45 - 4:30

'A' Level Volleyball – Game day vs St Johns at St John 3:45

'B' level football - Practice 2:45 - 4:30

'B' Level Volleyball – Practice 2:45 – 4:30

Cross Country - No Practice

Friday, October 8th

No practices

Saturday, October 9th

'A' level Football –Game day vs. St John at St Louise 9:00am

Sunday, October 10th

'A' level Football –Game day vs. St Chris

- At Damien High School 4:00pm

GO VIKINGS!



FOOTBALL MANIA FUNDRAISER***...

Show your support for our St. Louise athletes and join this exciting sweepstakes! Thirty prizes will be awarded each week and two grand prizes at the end of the season! Each ticket has a 1 in 17 chance of winning!

The Football Mania tickets and more sweepstakes information are in the family envelope that will be went home with your eldest child today.

*** This is a mandatory fundraiser for ALL student athletes.

PLEASE NOTE: The deadline for all athletes to turn in money for tickets purchased or return tickets & buy out is Wednesday, Nov. 3rd.



ATTENTION: ALL MIDDLE SCHOOL BOYS Young Knights of Frassati Club

Our next meeting is Friday, Oct. 22nd, from 2:15 pm to 3:45 pm.

Visit the link for more details. It's not too late to join!

https://sites.google.com/stlouisedm.org/ grade5/frassati-club

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St Louise Parent Club would like for you to Save the Date

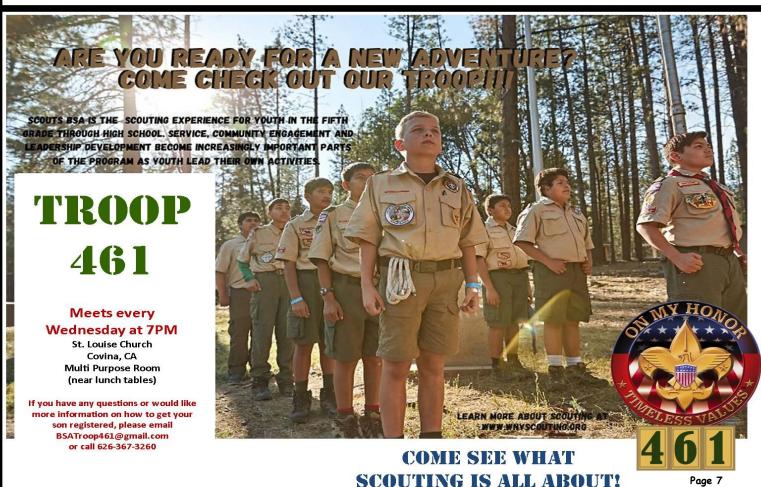


An afternoon of Wine, Painting and Fellowship

Saturday, October 23, 2021 2:00 pm

Look out for more details in the Happenings soon!







MIDDLE SCHOOL **BAND NIGHT**

WE ARE SEEKING MUSICIANS & DANCERS NO EXPERIENCE NECESSARY



Practices

Monday, October 25 & Wednesday, October 27 5:00 pm - 7:00 pm Damien Band Room



Football Game

Friday, October 29 Call time 5:00 pm Game starts 7:00 pm Dick Larson Stadium

Come perform the national anthem and pep tunes at a Damien High School football game

COST \$25 (includes a t-shirt and football game dinner)

REGISTER AT WWW.TINYURL.COM/DAMIENBAND







PARISH NEWS...



CATHOLIC MEN'S FELLOWSHIP

The Catholic Men's Fellowship of St. Louise (CMF) is a lay apostolate that reaches out to all men. Our next Meeting will be on **Thursday, October 7th**. Fr. Emmanuel Francis will be our speaker. Please join us for Fellowship, Prayer and Reflection. Rosary begins at 6:45 PM in the patio in front of the Multi-Purpose Room. Please bring your own chair. Social distancing and masks are required.

Our Purpose is to encourage men to become daily Disciples of Christ. *Lk. 9:23*. Our Mission is to help men renew their minds and transform their hearts and lives for Jesus Christ. *Rom. 12:22*.

For more information contact Faith Formation at (626) 332-5822 or Miguel Ruiz (626) 419-2637or email at: CMF@stlouisedm.org.

Follow us now on Instagram @catholicmensfellowship and Facebook Catholic Men's Fellowship St. Louise De Marillac and catholicmen.org.



40 DAYS FOR LIFE

Every month, over 1,000 lives are lost from abortion in the San Gabriel Valley alone. This is a great tragedy, but we recognize that with God, anything is possible, even the end of abortion. 40 Days for Life will be hosting a prayer vigil where volunteers will

take turns praying in front of abortion facilities—24 hours a day for 40 days.



The prayer vigil begins September 22 and ends on October 31. We are asking for all parishioners to offer prayer and fasting for an

end to abortion for these 40 days. To see locations and to sign up to pray for at least one hour, visit at

CHILDREN'S LITURGY OF THE WORD

Children's Liturgy of the Word occurs **weekly** at the 10 AM Sunday Mass. Children's Liturgy of the Word gives the children in grades 1 through 5 a chance to experience the readings, Gospel and a reflection in words they can understand. It will begin on October 24th.

The children are called before the readings. They will depart from Mass and walk to the St. Louise de Marillac Conference Room to hear the readings, the Gospel, a reflection and to profess their faith. Children will return to their families for the presentation of the gifts. When the children return, they will stay with their families for the remainder of the Mass.

For more information, please contact the Office of Faith Formation (626) 332-5822.

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PARISH NEWS...

Annual Marian Tribute

Saturday October 16th after the 8:30 AM Mass.

More information to follow.

ONLINE PRAYER REQUEST BOOK

We have moved our prayer request books to an online format for the time being.

To add your prayer to online prayer request books:

- Go to www.stlouisedm.org
- Go to Ministries—Connecting Community or select the Connecting Community banner
- Click the "Connecting Community Form"
- Make sure you have selected the Praying For Each Other Request option
- Fill out the rest of the information and it will be added to the website once it is approved.

We also ask you to keep Praying for Each Other webpage in your mind when you are praying.



Parish Picnic

Sunday, October 10th

1:00 PM - 4:00 PM

Food Served until 3:30 PM

Free Food & Activities for the Entire

Family

DID YOU KNOW?

Talking about stranger danger

The idea of "stranger danger" is often too broad a concept for children to grasp as not all strangers are dangerous, and children will always be meeting new people and on occasion may need to ask a stranger for help. Instead of issuing a blanket warning, try these tips for keeping children safe around people they do not know. If an unknown adult approaches them, have them check with a parent or known and trusted adult before engaging in conversation. This can be as simple as a quick look to the parent followed by a nod indicating that it is okay to interact. As an adult yourself, you can set a good example by talking first to parents, then to children in their care. This helps your own children see how trustworthy adults engage with children around their parents and helps them learn caution for adults who do not act in the same way. For more tips, request the VIRTUS® article "Communication Tip No. 5: Stranger Danger" at:

lacatholics.org/did-you-know.

For more information on other ways to keep kids safe, contact Linda Filkins, the Parish Safeguard Committee Chairperson at (626) 214-7846 or the Archdiocesan Safeguard the Children Office at (213) 637-7227. For particular help, call the Victims Assistance Office at (213) 637-7650.

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